

日本味と匂学会セミナーシリーズ
第8回 JASTS Seminar Series

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**“ From Sensation to Simulation: How
Sensory Perception and Mental
Imagery Shape Eating Behaviour ”**

Understanding why we eat what we eat requires examining not only how we perceive food through our senses, but also how we mentally simulate food experiences. In this talk, I will present our recent findings examining how individual differences in sensory sensitivity, such as heightened responsiveness to taste, smell, and texture, are associated with food preferences, dietary patterns, and obesity risk.

Online
Seminar

Sep 22, 2025
10:30 am (JST)~

(参加費無料・同時通訳はありません)

